

Mark your calendar!

Feb. 14th - Valentine's Day!

Feb. 15th - Pre-K Field Trip

Feb. 27th & 28th - Spring Portraits



Black History Month!

In recognition of Black History Month, we will be discussing & incorporating the history of well-known African-Americans into our lesson plans this month.



Start Smart!

Emerging research from the medical community is providing new insights into how the human brain processes information. The highly resourceful book, Start Smart by Pam Schiller, focuses on how the brain processes information & the appropriate applications of that information. In the near future, we will have a series of 4 trainings for our staff so that we can integrate the applications into our curriculum. Our parents will be invited to attend as well!
www.schillereducationalresources.com

Ivy Kids Website

Carver
Would

you like to have your family photo featured on our website? If you are interested, please e-mail frontdesk@ivykids.net with a brief testimony and attach your photo. You can view our featured family this month at www.ivykids.net.

Notes from the Library:

Thank you for reading to your children. The love they show towards books has been obvious during library time through the interest and enthusiasm they display. We are enjoying all the new books we were able to buy from the Book Fair. Thank you for all your support which made it possible!

Mrs. Merritt



How To Get That Second Wind

Feeling run down? You'll turn up the energy in five minutes if you...

REFUEL...

Snack on fiber-rich munchies such as dried apricots, celery sticks, an apple or a few pistachio nuts. *Benefit:* The fiber helps control the release of glucose (a sugar) into your bloodstream & may prevent energy dips.

BREATHE DEEPLY...

Every 1-2 hours, spend 5 minutes inhaling and exhaling deeply. It will help you feel calmer and more mentally focused, with renewed energy.

TAKE A VISUAL VACATION...

Close your eyes and mentally escape by imagining a peaceful scene on an island, in a meadow or by the ocean; "Seeing" yourself relaxed can be rejuvenating.

SNAP OUT OF IT...

Splash cold water on your face or pop a breath mint - mint flavors are stimulating.

TAKE A "GOOD NEWS" INVENTORY...

At the end of the day, write down all the good things that happened.

Top Health: The Health Promotion and Wellness Newsletter



After School Program

We are looking forward to celebrating Black History this month! During the following weeks we will have different activities regarding Black History. Additionally, we will have a Valentine's Day Party! Don't forget to wear red & white for our party!

Thank you!

~Ms. Victoria, Ms. Jackie,
Mr. Bryon & Ms. Melissa~



Infant Room A

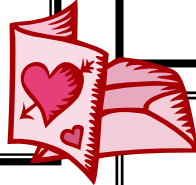
Our Infants are on the go!
The theme for this month is "I Go".

We will provide the infants with a variety of fun activities such as: music & movement, buggy rides, outdoor play, crawling, rolling, reaching and many more that will encourage gross motor play.

We would also like to welcome our new baby, Gavin Crawford, and his parents to our classroom.

Have a Happy Valentine's Day!

Mrs. Ylonda, Mrs. Liu,
Mrs. Mary & Ms. Pasley



Infant Room B

During the month of February we will be talking about "Life on the Farm". Children will explore the different kinds of animals, learn about planting & growing a garden, and discuss the different types of equipment it takes to run a farm.

February is such a busy month! We will also discuss Black History, Mardi Gras & the Rodeo.

We would like to welcome Savan, David & Daniel to our classroom.

Happy Valentine's Day!

~Ms. Lisa, Mrs. Kery & Ms. Kay-Kay~



2 Year Olds

This month we are going to be busy as we explore the theme "Fun on the Farm". Your child will be invited to learn more about the many different types of animals that live on the farm. In addition, your child will learn how farmers grow food to feed their animals and us! We will also celebrate Black History month and Valentine's Day.

Ms. Erica's class would like to welcome Varish, Sharaf, Allison, Isabelle and Justin to their classroom.

~Ms. Erica, Ms. Tiffany & Ms. Sherquetti~
~Mrs. Veronica, Mrs. Tammie & Ms. Nicole~



Toddlers

This month we will be exploring "Fun on the Farm". The students will learn about the various types of animals that live on the farm, and we will also be doing Valentine's Day projects.

We would like to welcome Mrs. Brenda, Maverick and Reese to our classroom.

Happy Valentine's Day!

~Mrs. George, Ms. Denise & Mrs. Brenda~

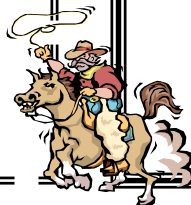
3 Year Olds

This month's theme is "All About the Farm". We will discuss the different types of farms and what farmers do to keep them running.

The children will learn about letters W-Z, number 1, and the color Red. Additionally, we have special activities planned for the month, which include a Valentine's Day Party & a Valentine exchange.

Teacher assessments will be performed this month; parents will receive a copy the second week of February.

~Ms. Erika & Ms. Sonja~
~Ms. Monica & Ms. Yesenia~



Pre-K

This month we have a lot of celebrating to do!

First, we want to wish everyone a Happy Valentine's Day! May it be a day full of love, warm hugs and smiles! Also, in celebration of Black History Month, we have a very special field trip planned; we will visit the National American History Museum on Feb. 15th.

It will be a day full of music and fun. We hope all of our students can attend...please do not forget to pay the \$5 admission fee ASAP.

Thank you!

~Mrs. Rice & Mrs. Williams~
~Ms. Cindy & Ms. Crystal~
~Mrs. Taylor & Mrs. Ashton~



Parents, please let us know if you would like to post in our monthly newsletter!